

## Mindcasts Privacy Policy

Last Updated: September 20, 2023

### 1. Introduction

Welcome to Mindcasts, a mental health app designed to provide audio resources for relaxation, improving sleep, managing anger, and supporting mental healing. At Mindcasts, your privacy and the security of your personal information are of utmost importance to us. This Privacy Policy outlines how we collect, use, disclose, and protect your information when you use our services. By using Mindcasts, you consent to the practices described in this policy.

### 2. Information We Collect

#### 2.1 Personal Information

We may collect personal information that you provide to us, including but not limited to:

- Your name
- Email address
- Age or date of birth
- Gender
- Profile picture (if you choose to upload one)
- Payment information (if you subscribe to premium services)

#### 2.2 Usage Information

We collect usage information about how you interact with the Mindcasts app, such as:

- The content you access and download
- Your device information, including device type, operating system, and version
- IP address
- App version and usage statistics
- Log data and error reports

#### 2.3 Audio Preferences

To personalize your experience, we may collect information about your audio preferences, such as the types of relaxation or healing content you enjoy the most.

#### 2.4 Third-Party Platforms

If you choose to log in to Mindcasts using third-party platforms, such as Facebook or Google, we may collect information from those platforms, subject to their privacy policies.

### 3. How We Use Your Information

We use the information collected for the following purposes:

- To provide you with the Mindcasts service, including personalized audio content recommendations.
- To improve and enhance our services, features, and user experience.
- To communicate with you, including responding to your inquiries and providing customer support.
- To send you important updates and information about the app and its features.
- To conduct research and analysis to better understand user needs and preferences.
- To enforce our Terms of Service and protect our legal rights.
- To process payments (if applicable) for premium services you subscribe to.

### 4. Information Sharing

We do not sell or rent your personal information to third parties. We may share your information in the following circumstances:

- With trusted third-party service providers who help us operate and maintain the app (e.g., hosting, analytics, payment processing).
- With your consent, such as when you choose to share your Mindcasts activity on social media platforms.
- To comply with legal obligations, respond to lawful requests, or protect our rights, privacy, safety, or property.
- In connection with a merger, acquisition, or sale of all or a portion of our assets, subject to confidentiality obligations.

### 5. Data Security

We implement reasonable security measures to protect your personal information from unauthorized access, disclosure, alteration, or destruction. However, no method of transmission or storage is entirely secure, and we cannot guarantee the security of your data.

### 6. Your Choices

You have the following choices regarding your information:

- You can update, correct, or delete your account information at any time within the app.
- You can unsubscribe from marketing communications at any time by following the instructions provided in the emails.
- You can choose to limit the data we collect through your device settings or app permissions.

### 7. Children's Privacy

Mindcasts is intended for users who are at least 18 years old. We do not knowingly collect personal information from children under the age of 13. If you believe a child has provided us with their information without parental consent, please contact us, and we will take appropriate steps to delete that information.

### 8. Changes to this Privacy Policy

We may update this Privacy Policy from time to time to reflect changes in our practices or for other operational, legal, or regulatory reasons. We will notify you of any material changes by posting the updated policy within the app or through other means.

### 9. Contact Us

If you have any questions, concerns, or requests related to this Privacy Policy or your personal information, please contact us at [contact@mindcasts.life](mailto:contact@mindcasts.life)

Thank you for trusting Mindcasts with your mental health and well-being. We are committed to maintaining your privacy and providing you with a safe and secure environment to relax, heal, and thrive.